



Date	Race/Facility	Network	Race Start	Radio
Sat, Feb 14	Sprint Unlimited Daytona International Speedway, Daytona Beach, FL	FOX	8:00 p.m.	MRN/SIRIUSXM
Sun, Feb 15	Daytona 500 Qualifying presented by Kroger Daytona International Speedway, Daytona Beach, FL	FOX	1:00 p.m.	MRN/SIRIUSXM
Thu, Feb 19	Budweiser Duel Daytona International Speedway, Daytona Beach, FL	FOX Sports 1	7:00 p.m.	MRN/SIRIUSXM
Sun, Feb 22	DAYTONA 500 Daytona International Speedway, Daytona Beach, FL	FOX	1:00 p.m.	MRN/SIRIUSXM
Sun, Mar 1	Folds of Honor QuikTrip 500 Atlanta Motor Speedway, Hampton, GA	FOX	1:00 p.m.	PRN/SIRIUSXM
Sun, Mar 8	Kobalt 400 Las Vegas Motor Speedway, Las Vegas, NV	FOX	3:30 p.m.	PRN/SIRIUSXM
Sun, Mar 15	CampingWorld.com 500 Phoenix International Raceway, Phoenix, AZ	FOX	3:30 p.m.	MRN/SIRIUSXM
Sun, Mar 22	Auto Club 400 Auto Club Speedway, Fontana, CA	FOX	3:30 p.m.	MRN/SIRIUSXM
Sun, Mar 29	STP 500 Martinsville Speedway, Martinsville, VA	FOX	1:00 p.m.	MRN/SIRIUSXM
Sat, Apr 11	Duck Commander 500 Texas Motor Speedway, Fort Worth, TX	FOX	7:30 p.m.	PRN/SIRIUSXM
Sun, Apr 19	Food City 500 Bristol Motor Speedway, Bristol, TN	FOX	1:00 p.m.	PRN/SIRIUSXM
Sat, Apr 25	Toyota Owners 400 Richmond International Raceway, Richmond, VA	FOX Sports 1	7:00 p.m.	MRN/SIRIUSXM

Ramblings of a NASCAR Virgin

Yes, I was a virgin, a first timer. Before this year I had never been to a NASCAR race.

Two years ago I had never watched a NASCAR race on TV. I knew the popular drivers: Dale Earnhardt, Jimmy Johnson, Tony Stewart, etc. Not for what they did but because of what their name appeared on.

It's hard not to notice their T-shirts, banners, coffee mugs and Christmas ornaments. I am sure there are fans out there with trees decorated all in NASCAR. There's nothing wrong with that. Those friends are the easiest to buy presents for. Those are the friends you always think of at flea markets and garage sales when you see an Earnhardt pillow or signed Tony Stewart matchbox car.

Two years ago my concept consisted of drivers jumping into their cars and racing around the track and around and around and around and around... The one who went the fastest got the checkered flag then got doused with Champaign or beer or Diet Pepsi or whatever their sponsor might be. Now I realize how wrong I was.

I was surprised to find out that all racetracks weren't oval. There are a few out there called a road course. Those are my favorite. It was Watkins Glen that I visited this year. I enjoyed watching the drivers speed up on the straightaway and slowing down on the banked curves. They have a chicane

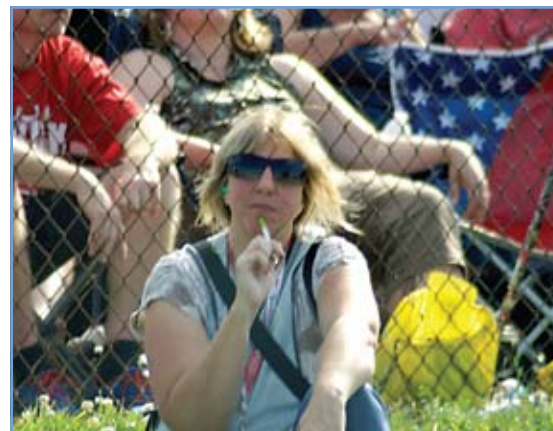
(bus stop) to slow drivers down. Yes, they sometimes want the drivers to slow down. I learned that temperatures make a big difference when it comes to tires.

At Watkins Glen I also discovered some other facts that surprised me. You get penalized for leaving the gas can in the car when you take off. That if guardrails are destroyed they have a delay until they are all put back together. And that the barrels that protect the cars from hitting the guardrails by pit row are filled with sand. Races are won not just by speed alone. There are a lot of strategies that go into everything from when to pit, to deciding to change 2 or 4 tires, or figuring out if you have enough gas to make it to the end of the race.

Then there are things that I still don't completely understand: for example drafting and getting the lucky dog to get back on the lead lap. It's a lot more complicated than I ever imagined. And of course a lot of it is still luck. You can drive a perfect race but still crash on the last lap.

But more important I found there is a lot more to NASCAR than just cars and racetracks. I found how up close and personal you could get with the drivers.

Before the race starts fans can walk down pit road among the cars and mingle with the drivers, their pit crews and their families. Most are happy to sign autographs and shake your hand. I think that's the first time I've ever been star struck.



Come on Rose, tell us how you really feel about NASCAR!

After seeing the drivers on TV for the last year, I was actually standing next to the names that I've come to know. They are now a lot more than just a name on a T-shirt.

- Rose Ward, MSA



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